

The Junior Observer

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The Junior Observer celebrates Rosary Month Say a Decade a Day With Bishop Malloy



(Junior Observer photos by Sharon Boehlefeld)

Bishop David J. Malloy prays the rosary in his office in Rockford.

October has been celebrated as the Month of the Rosary in honor of Mary for many years. Now it is also the Month for Life.

Saying a decade of the rosary after school this month is a way you can honor the Blessed Mother and pray that God will protect all of His children, born and unborn.

Pope Francis wants us to say the rosary. He said, "Let us join spiritually together in this act of trust in our Mother, and let us receive from her hands the crown of the rosary. The

rosary is a school of prayer, the rosary is a school of faith!"

Bishop David Malloy of the Rockford Diocese has recorded each decade. To say the rosary with him, ask an adult to help you go to the website <http://observer.rockforddiocese.org/decade-a-day>.

(They'll need to read the box lower on this page.)

Most of the prayers are ones you already know, so the instructions here will be easy to follow.

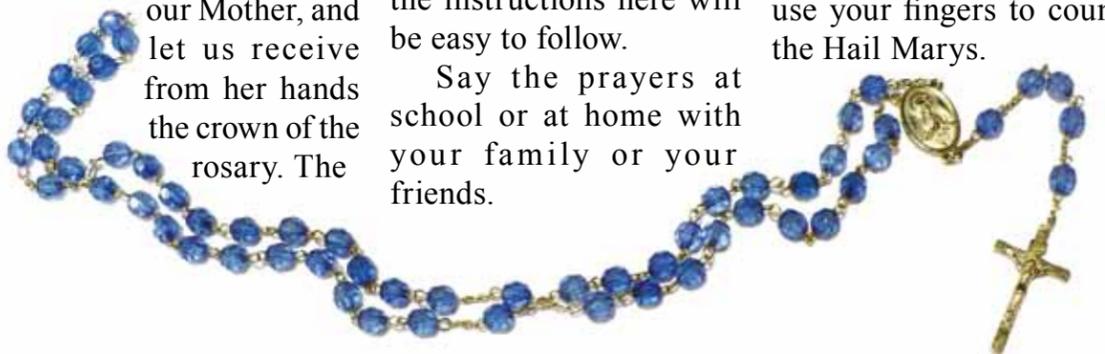
Say the prayers at school or at home with your family or your friends.

October starts on a different day each year, so you may start with the Joyful Mystery for that day and continue to say a decade Monday through Friday, as shown in the calendar (below).

Think about each mystery as you pray it.

When you finish, start over and you'll be on your way to a new prayer habit.

And you don't really need a rosary to say the prayers. You can always use your fingers to count the Hail Marys.



Here's How to Pray the Rosary

A decade of the rosary is one Our Father, 10 Hail Marys, a Glory Be and the Fatima prayer.

If you haven't said the rosary much, most of the prayers are ones you already know, so the instructions here will be easy to follow.

Here's how to say the rosary with Bishop Malloy, starting on Oct. 1.

Make the **Sign of the Cross**.

Holding the Crucifix, say the **Apostles' Creed**.

On the first bead, say an **Our Father**.

Say **three Hail Marys** on each of the next three beads.

Say the **Glory Be**.

Read the Mystery and the description. Think about the Mystery, then say the **Our Father**.

While fingering each of the 10 beads of the decade,

say **10 Hail Marys**. Try to keep thinking about the Mystery as you pray. Then say a **Glory Be**.

As you finish each decade, say the prayer requested by the Blessed Virgin Mary at Fatima:

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of your mercy.

After finishing each Mystery — at the end of the fifth decade — say these prayers:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb,

Monday	Tuesday	Wednesday	Thursday	Friday
Joyful Mysteries The Annunciation <i>Mary learns that she has been chosen to be the mother of Jesus.</i>	The Visitation <i>Mary visits Elizabeth, who tells her that she will always be remembered.</i>	The Nativity <i>Jesus is born in a stable in Bethlehem.</i>	The Presentation in the Temple <i>Mary and Joseph take the infant Jesus to the Temple to present Him to God.</i>	The Finding in the Temple <i>Jesus is found in the Temple discussing His faith with the teachers.</i>
Luminous Mysteries The Baptism of Christ in the Jordan <i>God proclaims that Jesus is His beloved Son.</i>	The Wedding Feast at Cana <i>At Mary's request, Jesus performs His first miracle.</i>	Jesus' Proclamation of the Coming of the Kingdom of God <i>Jesus calls all to conversion and service to the Kingdom.</i>	The Transfiguration <i>Jesus is revealed in glory to Peter, James, and John.</i>	The Institution of the Eucharist <i>Jesus offers His Body and Blood at the Last Supper</i>
Sorrowful Mysteries The Agony in the Garden <i>Jesus prays in the Garden of Gethsemane on the night before He dies.</i>	The Scourging at the Pillar <i>Jesus is lashed with whips</i>	The Crowning with Thorns <i>Jesus is mocked and crowned with thorns</i>	The Carrying of the Cross <i>Jesus carries the cross that will be used to crucify Him.</i>	The Crucifixion <i>Jesus is nailed to the cross and dies.</i>
Glorious Mysteries The Resurrection <i>God the Father raises Jesus from the dead.</i>	The Ascension <i>Jesus returns to His Father in heaven.</i>	The Descent of the Holy Spirit <i>The Holy Spirit comes to bring new life to the disciples.</i>	The Assumption <i>At the end of her life on earth, Mary is taken body and soul into heaven.</i>	The Coronation of Mary <i>Mary is crowned as Queen of Heaven and Earth.</i>

Rosary reflections are from <http://www.loyolapress.com/mysteries-of-the-rosary.htm#sthash.36TcB2UE.dpbs>

Note to Parents, Teachers and Catechists: To access the daily rosary prayers with Bishop Malloy, go to The Junior Observer "Decade a Day" page at The Observer website — <http://observer.rockforddiocese.org/decade-a-day/>. Starting Oct. 1, you'll be able to listen to daily installments of the rosary with Bishop Malloy in both English and Spanish.

Jesus; O clement, O loving, O sweet Virgin Mary! Amen.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on

these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.