



(Photo provided)

### Aquin Crowns Prom Royalty

The stars were shining brightly on the 44 attendees of Aquin's 2019 Prom on May 3. This year's theme was 'Hollywood'. Prom Court honorees are (front from left) Queen Anna Welch, Princess Madelyn McIntyre, (back) King Griffen Whalen and Prince Rhys Love.



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### VOCATION CORNER

## Make a prayer habit

**A**s human beings we are men and women of habit. We get up and have the same morning routine every single day. When we go to the store we most likely park in the same area of the parking lot that we always park in. When we go to our favorite restaurant we probably get the same meal each time.

This is not because we are boring but because we love what we know, and God made us to be creatures of habit. Since we are indeed human beings of habit then the best way to grow in our prayer life is to make it habitual. So the question today is, "Where is your habit of prayer in your daily life?" To make the question more specific, "Do you pray at least 15 minutes every single day?"

If not, then let's start with a plan, and if so,

then bump it up to 20 or 25 minutes a day!

The best thing to do to establish a prayer routine is to start small and be consistent. Put five minutes of prayer somewhere in your normal daily routine. Maybe right after you brush your teeth. sit down and pray for five minutes. Do that every day. After a month it will just be a normal daily habit to brush and then pray!

After a few weeks make that five minutes 10, a few weeks later 15 and there it is! After a month or so you have obtained your habit of 15 minutes of prayer!

Start today and become a person of prayer!



By FATHER KYLE MANNO  
Vocations Director

# (Re)Building leaders

## Boylan hosts future All-Saints students again

For the second year, Boylan Central Catholic High School's leadership class invited future students of Rockford's All Saints Catholic Academy to meet each other for ice breaking and team building activities at the high school.

The academy will open its doors for the first time this coming fall, and students from the Catholic grade schools in the core of Rockford will come together in a new setting at what is today St. James School on the near east side of downtown Rockford.

Sixth- and seventh-grade students



Balloons are part of one activity



(Photos provided)

Students from several Rockford Catholic grade schools line up along the edges of the basketball court in Boylan CCHS's main gym. They gathered at the school May 1 for the second team-building day for future All Saints Catholic Academy students.

from St. James, Cathedral of St. Peter and St. Edward schools took part.

The high school class was trying to build on last year's event to help build relationships between the students who will be classmates next fall.

The Foundations for Effective Leadership class is taught by theology teacher Sandra Blevins.

Host students reflected on their project.

### Jordan Johnson, senior

"Students will be combining to begin All Saints Academy, consisting of students from area Catholic schools in Rockford. We understood that coming to a new school could be very nerve-racking, so we decided to take action. I feel this idea was a huge success because all the kids seemed to have a

great time and had a lot of fun meeting the new kids and getting involved with them."

### Phil Koch, senior

"I feel very positive about the project of school unity day overall. It took a

lot of time and effort, but I believe it was very well received. The kids and leadership students appeared to have a great time along the way. I hope our group's efforts had a big effect on the kids' attitudes toward the school combining into All Saints Academy."

### Dayvion Foreman, junior

"Being the person or group that takes action and brings somebody together for unity makes a big difference in somebody's life, this small act that my group took, hopefully made a difference in the kid's life."

— Bridget Jennison contributed to this story



Visiting students chat with their Boylan hosts